Top Ten Educational Benefits of Audiobook Listening

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Look around. Teens everywhere seem to have headphones on or in their ears. This fact, together with studies showing a positive correlation between listening to audiobooks and reading improvement, is leading teachers and librarians to use audiobooks in their classrooms and libraries. With this increase in audiobook usage, I reviewed the literature (various articles, presentations, and conversations) to compile a list of the reasons why teen listening is important, beyond just the enjoyment factor. Here is that list:

- 10. Removes any stigma of lower reading levels or "uncool" genres
- 9. Increases vocabulary skills
- 8. Improves speaking and writing skills
- 7. Introduces storytelling, an important tradition in human history
- 6. Engages imagination by allowing students to create mental images of the story
- 5. Improves listening skills essential in this multimedia world
- 4. Makes mundane yet necessary tasks (exercising, dishwashing, room cleaning) more tolerable
- 3. Keeps students informed of popular books or latest releases from favorite authors
- 2. Improves ability to multi-task and complete assignments simultaneously
- 1. Listening is an important step for becoming a life-long reader